

End remote help. Check viewing and control.

Keep a harmless screen open until the session is over. Ending remote control alone may still leave your screen visible to the helper.

1. Use the exit for the tool you are using

Quick Assist on Windows

Cancel control stops control; it is not the session exit. Select **Leave** to end assistance.

FaceTime on iPhone or iPad

Stopping control is separate from stopping screen sharing. **End the FaceTime call** to end both. If you keep the call open, stop Screen Sharing and check control has also ended. Remote control availability depends on devices and region.

Chrome Remote Desktop support

On the computer receiving help, select **Stop Sharing**. This ends the one-time support session. Separately configured ongoing Remote Access needs its own review.

2. Check before opening anything private

- Confirm that live screen sharing and remote control have ended in the real app. Ask the known helper whether a live view remains.
- A frozen old picture alone cannot confirm a connection has ended. If unsure, keep private content closed and use official help.
- Review temporary software and any ongoing access with the device owner. On a managed device, ask its administrator before changing approved access.

These checks end an agreed session. They do not establish that a device is secure after suspicious access. Use the guide's [separate recovery advice](#) for that situation.

Official sources checked October 16, 2026

[Microsoft: Quick Assist](#) | [Apple: FaceTime sharing and control](#) | [Google: Chrome Remote Desktop](#)

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